

# POWER VS ENERGY

ENERGY AND POWER ARE CLOSELY RELATED, BUT NOT SYNONYMS. KNOWING THE DIFFERENCE BETWEEN THEM IS IMPORTANT WHEN WE MAKE DECISIONS ABOUT THE TRANSITION TO A LOW-CARBON ECONOMY

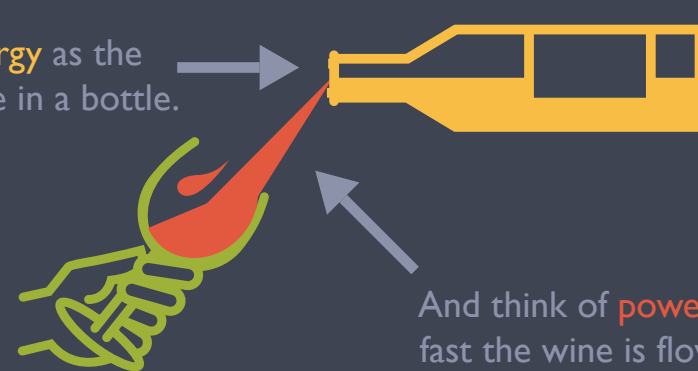


**Energy** just means the ability to do work, to push or pull something a distance. Its unit is called the **joule**.



**Power** is how much energy is transmitted over time. It is a rate. Its unit is called the **watt**, which means one joule per second.

Think of **energy** as the amount of wine in a bottle.



And think of **power** as how fast the wine is flowing out.



Confusingly, the energy industry generally uses the term **watt-hour** to describe amounts of **energy** instead of **joule**. But one watt-hour is just a **joule** per second (one **watt**) but transmitted over an hour. There are 3600 seconds in an hour, so one **watt-hour** equals 3600 **joules**. Alternately, one **watt-second** equals one **joule**.

## WATTS

(INSTANTANEOUS RATE OF ENERGY)

A 100 watt light-bulb needs 100 joules per second.



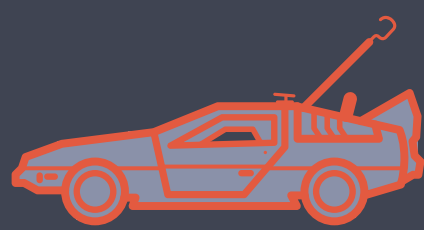
Electric motors need several **kilowatts** (1 KW = 1000 joules per second).

Use varies so much from region to region that it is hard to produce a meaningful average, but a very rough rule of thumb says that 1 **megawatt** is enough to service the instantaneous demand of about 1000 homes (1 MW = a million joules per second).



The world's biggest data centres require 80-150 MW,<sup>1</sup> the Large Hadron Collider 120 MW,<sup>2</sup> and aircraft carriers about 200 MW.<sup>3</sup>

Using the same rough rule of thumb as before, 1 **gigawatt** is enough to power a million Canadian homes (1 GW = a billion joules per second).



According to Doc Brown, a DeLorean time machine needs 1.21 **gigawatts**.

British Columbia's proposed Site C hydroelectric dam could provide 1.1 **GW** at any one moment.<sup>4</sup>



The installation of a sixth turbine at the existing dam at Revelstoke offers 500 MW of capacity, or just under half the **power** of Site C.

China's Three Gorges Dam can provide 22.5 **GW**.



The average lightning bolt delivers 1 **terawatt (TW)**, or a rate of a **trillion joules** per second, in 30 millionths of a second. Yup. That much.



The total average power consumption of all humans clocked in at 12.5 **TW** in 2016.<sup>5</sup>

KILO = 1000  
MEGA = 1 million  
GIGA = 1 billion  
TERA = 1 trillion  
PETA = 1 quadrillion

The total energy consumption of all humans clocked in at 109,593 **TWh** in 2016,<sup>5</sup> or about 110 **petawatt-hours**.



## WATT-HOURS

(TOTAL AMOUNT OF ENERGY)

A 100 watt light-bulb consumes 100 watt-hours per hour (or 360,000 joules).



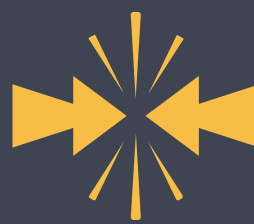
A 12-volt lead car battery stores 1200 watt-hours of energy.

Tesla's Model S electric car comes in two flavours: one with a 60 kilowatt-hour (kWh) battery and another with an 85 kWh battery. Both cars have the same power needs. One battery just lasts longer.



A fridge will consume 500-700 kWh per year.

The average British Columbia household consumes about 11 **gigawatt-hours (GWh)** per year.<sup>4</sup>



The Large Hadron Collider's total annual energy demand clocks in at 700 **GWh**.<sup>2</sup>

The Site C dam could provide 5,100 **GWh** over the course of a year.

The installation of a sixth turbine at the existing dam at Revelstoke offers 26 **GWh** of generation,<sup>4</sup> or about 0.5% of the **energy** of Site C.



The Three Gorges Dam provides 87 **terawatt-hours (TWh)** a year.

One **terawatt-hour** is equivalent to 114 **megawatts** over the course of a year.



# BUT WHY IS THIS IMPORTANT?

IT'S ALL ABOUT THE DIFFERENCE BETWEEN

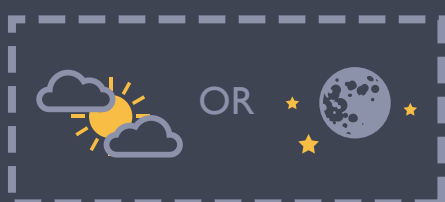
## ELECTRICITY CAPACITY

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## ELECTRICITY GENERATION (A.K.A. SUPPLY)

The term **capacity** describes the amount of electricity that would flow at any one moment if a power plant is operating at full tilt. It is measured in **MW**. Here, we're talking about **power**.

When the wind doesn't blow or the sun doesn't shine, then the electricity provided from wind turbines or solar panels is diminished, or even halted.



At other times, there is too much wind or more sun than we need. This can mean the curtailment of other sources of electricity, a very expensive waste of energy.

As a result, electricity-producing assets sourcing variable energy such as wind and solar are rarely used at full **capacity**. So when the media reports that a new solar or wind farm has the **capacity** to service a certain number of homes, they mean at any one moment and under the best of conditions.

Electricity **generation** (sometimes called 'supply') is the total amount of electricity produced on the grid. It is measured in **MWh**. Here, we're talking about **energy**.

In principle, we can **store** some of the excess electricity from variable renewable energy sources to be used later.



**Storage** is also measured in **MWh** because the electricity has been produced and is a **supply** ready to be tapped at any time.



One of the simplest, cheapest, most efficient, low-carbon 'batteries' we have is a water reservoir such as that behind a dam.

Water stored there can be released to turn a turbine when we need the electricity.

But the amount of reservoir we need to 'keep the lights on' at hospitals, factories and all the rest of a modern society is considerable.

# ...AND ANOTHER BIT OF JARGON: CAPACITY FACTOR

$$\text{CAPACITY FACTOR} = \frac{\text{ACTUAL GENERATION}}{\text{NAMEPLATE CAPACITY}}$$

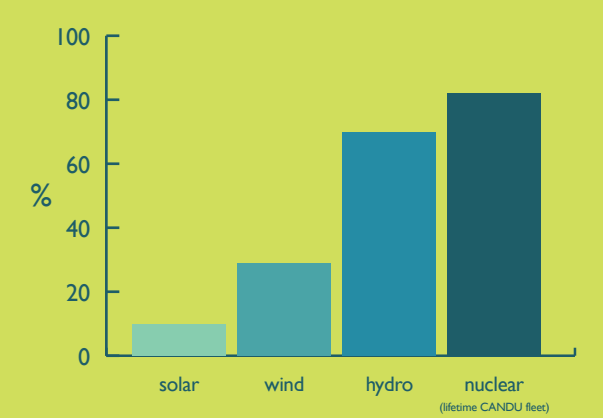
(multiply by 100 to get a percentage)

The ratio of what a plant **actually generates** to what it could **potentially generate** under a best-case scenario (which is referred to as **nameplate capacity**) is called its **capacity factor**.

Plants using non-variable sources of energy such as coal, gas, hydro or nuclear can run much closer to their full capacity because it is humans that decide when they will and will not produce electricity, not the weather.



CAPACITY FACTORS OF SELECT ENERGY SOURCES IN CANADA<sup>6</sup>



SO WHEN WE TALK ABOUT NEW HYDRO DAMS, SOLAR FARMS, WIND TURBINES OR NUCLEAR REACTORS, WE NEED TO KNOW BOTH THEIR **CAPACITY** AND THEIR **GENERATION** WILL BE.

SOURCES:  
1 World's Top Data Centers  
2 CERN  
3 Elert, G. Power of an Aircraft Carrier. Facts/2000/josephreilly.shtml. (Accessed: 30th September 2016)  
4 BC Hydro  
5 International Energy Agency, Key World Energy Statistics 2016  
6 CIEEDAC/Natural Resources Canada; CNS-SNC Nuclear Canadian Yearbook 2015

